



3 Basic Steps To Being Prepared

Create and Maintain a Storehouse of Vital Supplies:

- Water for 7 days – one gallon per person per day
- Food for 7 days (include can opener for canned foods)
- First Aid
- Sanitation/Hygiene
- Change of clothing with warmth layer and sturdy shoes
- Portable lights
- Medications
- Pet Provisions
- Cash/Key Documents (ID's, Medical/Insurance Cards)
- Home Insurance Policy copy with policy number and contact info

Develop a Basic Emergency Plan and Practice It:

- Family meeting place
- Evacuation (where to go/meet – how to get there)
- Communication (who to contact and how)
- Utility Shut-offs (where/when/how)
- Make Special Provisions for seniors, disabled, small children, pets)

Get Informed:

- Sign up for local emergency alerts: www.smcready.com
- <http://earthquake.usgs.gov/regional/nca/prepare>
- www.ready.gov
- Consider taking a training course: CERT, CPR, First Aid, HAM Radio